

**GROUP DISCUSSION GUIDELINES: Tips for great conversation**

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**DISCUSSION QUESTIONS**

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2. What did You notice about God, and what did you notice about yourself as well as other people?

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January 21, 2024

"Wake Up"

Ephesians 5:13-20

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**5:13 *But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. 14 This is why it is said: “Wake up, sleeper, rise from the dead, and Christ will shine on you.”***

We’ve talked a lot about what happens when we keep things hidden in the darkness. The guilt of one moment turns into the monster of shame. The unspoken feelings of hurt turn into monsters of anger, bitterness, and unforgiveness. The unspoken words of how we were abused turn into monsters of worthlessness, abandonment, and rejection. Expose them. Bring them into the light.

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January 21, 2024

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Ephesians 5:13-20

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